Tompkins Park Older Adult Center
550 Greene Avenue
Brooklyn, NY 11216
(718) 638 – 3000

OPEN

MONDAY – FRIDAY
9:00 AM – 4:00 PM

Our Team

WORDNYC.ORG

Manuel Alls, Jr. – malls@wordnyc.org
Ariana Linton—alinton@wordnyc.org

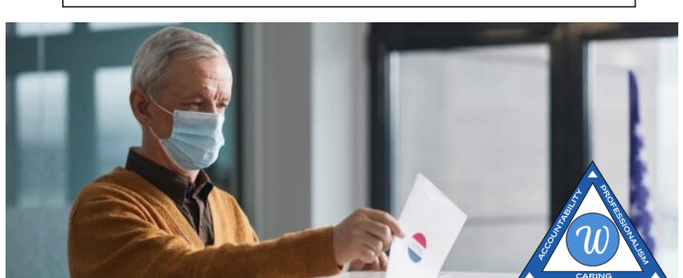
Mya Eastmond—meastmond@wordnyc.org
Edward Stevens
Tony Carter

Special Thanks to

Ms. Arlene Murray
Ms. Theresa Hui
Ms. Diane Adams

Funded by NYC Aging

Free Program for Ages 60+
Bring Proof of ID for Enrollment





PANTRY

New York Common Pantry

(60+ Must bring ID)

November 23rd, 2026 from 10am—1pm

Oak Street Health | November 3rd
Access-a-Ride| November 4th
Park Slope Center | November 9th
Bake-Off/Plant-Base Tasting |November 10th
Medical Therapy of NY | November 11th
General Body Meeting (Voting)| November 12th
Swift/ Ultimate Care | November 12th
True Care /Nutrition Education | November 17th
Brooklyn Terminal Market trip| November 18th
Thanksgiving Harvest | November 24th

Birthday Celebration

November 19th

Tompkins Park Older Adult Center



November 2026

NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. 9AM—Breakfast 10AM—Family Feud 11AM—Dance w/ Kuniko 12PM—Lunch 1PM—Jeopardy 2PM—Knitting/Crochet Circle	3. 9AM—Breakfast 10AM—Oak Street Health 11AM—Line Dancing 12PM—Lunch 1:45PM—Chair Exercise 2PM—Sewing Circle	4. 9AM—Breakfast 10AM—Access-a-ride presentation 10 AM—NYRR Striders 11AM—Meditation 12PM— Lunch 1PM—Art Class 2PM—Wheel of Fortune	5. 9AM—Breakfast 10AM—Music class 12PM—Lunch 1PM—KARAOKE 2PM—NYRR Fitness	6. 9AM—Breakfast 11AM—AFCBI Zumba Gold 12PM—Lunch 2 PM—BINGO
9. 9AM—Breakfast 10AM—Park Slope Center 11AM—Dance w/ Kuniko 12PM—Lunch 1PM—Jeopardy 2PM—Knitting/Crochet Circle	10. 9AM—Breakfast 10AM—BAKE OFF/PLANT BASE TASTING 12PM—Lunch 1:45PM—Chair Exercise 2PM—Sewing Circle	11. 9AM—Breakfast 10 AM—NYRR Striders 11AM—Meditation 1PM—Art Class 2PM—Wheel of Fortune Medical Therapy of NY	12. *Swift/ Ultimate Care* 9AM— Breakfast 10AM—GENERAL BODY MEETING (voting) 12PM—Lunch 1PM—KARAOKE 2PM—NYRR Fitness	13. 9AM—Breakfast 11AM—AFCBI Zumba Gold 12PM—Lunch 2 PM—BINGO
16. 9AM—Breakfast 10AM—Age Tactics 11AM—Dance w/ Kuniko 12PM—Lunch 2PM—Knitting/Crochet Circle	17. 9AM—Breakfast 10AM— TRUE CARE HOMECARE 11AM—Line Dancing 12PM—Lunch 1PM—Nutrition Education 1:30PM—Computer Class (English) 1:45PM—Chair Exercise 2PM—Sewing Circle	18. 9AM—Breakfast 10AM—Gateway Mall Trip 10 AM—NYRR Striders 11AM—Meditation 12PM— Lunch 1PM—Art Class	19. 9AM—Breakfast *Oak Street* 10AM—Music class 11:30AM—BIRTHDAY CELEBRATION 1PM—KARAOKE 1:30PM—Computer Class (English) 2PM—NYRR Fitness	20 9AM—Breakfast 11AM—AFCBI Zumba Gold 12PM—Lunch 2 PM—BINGO
23. *Common Pantry* 9AM—Breakfast 11AM—Dance w/ Kuniko 12PM—Lunch 1PM—Jeopardy 2PM—Knitting/Crochet Circle	24. 9AM—Breakfast 11AM—THANK NG HARVEST  1:30PM—Computer Class (English)	25. 9AM—Breakfast 10 AM—NYRR Striders 11AM—Meditation 12PM— Lunch 1PM—Art Class		**Center is closed!**
30 9AM—Breakfast 10AM—Age Tactics 11AM—Dance w/ Kuniko 12PM—Lunch 1PM—Jeopardy 2PM—Knitting/Crochet Circle				