

# Langston Hughes Social Club

Alexis McCain, Program Coordinator   Tyrell Thomas, Program Assistant

October 2026

## MONTHLY SCHEDULE ACTIVITIES

| MONDAY                                                                                                                       | TUESDAY                                                                                                                             | WEDNESDAY                                                                                                                                    | THURSDAY                                                                                                                                          | FRIDAY                                                                                                                                 |
|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                              |                                                                                                                                     |                                                                                                                                              | 1) Social Worker by appointments only<br>11AM – 12 PM<br><br>Lunch<br>12pm – 1pm<br><br>Journaling<br>2pm – 3pm<br><br>Game Busters<br>3pm – 4pm  | 2) Netflix and Chill<br>11am – 12 pm<br><br>LUNCH<br>12PM- 1PM<br><br>Tommy Physical Health<br>1PM- 2PM<br><br>Meditation<br>2pm – 3pm |
| 5) Current Events<br>11am – 12pm<br><br>Lunch<br>12pm – 1pm<br><br>Journaling<br>1pm – 3pm<br><br>Game Buster’s<br>3pm –4pm  | 6) WALMART TRIP<br>10:30AM – 2PM<br><br>Arts & Crafts<br>11:00am – 12:00PM<br><br>Lunch 12-1:30pm<br><br>Game Buster’s<br>2pm – 3pm | 7) Farmers Market<br>Tilden<br>11am – 12pm<br><br>Lunch 12pm – 1pm<br><br>Tommy Physical Health<br>12pm –1pm<br><br>Game Buster<br>2pm – 3pm | 8) Social Worker by appointments only<br>11AM – 12 PM<br><br>Lunch<br>12pm – 1pm<br><br>Journaling<br>2pm – 3pm<br><br>Game Busters<br>3pm – 4pm  | 9) Line Dance<br>11am – 12 pm<br><br>LUNCH<br>12PM- 1PM<br><br>Tommy Physical Health<br>1PM- 2PM<br><br>Meditation<br>2pm – 3pm        |
| 12) Current Events<br>11am – 12pm<br><br>Lunch<br>12pm – 1pm<br><br>Journaling<br>1pm – 3pm<br><br>Game Buster’s<br>3pm –4pm | 13) Arts & Crafts<br>11:00am – 12pm<br><br>Lunch 12pm – 1;30pm<br><br>BINGO<br>2pm – 3pm                                            | 14) Current Events<br>11am – 12pm<br><br>Lunch 12pm – 1pm<br><br>Tommy Physical Health<br>12pm –1pm<br><br>Game Busters<br>2pm – 3pm         | 15) Social Worker by appointments only<br>11AM – 12 PM<br><br>Lunch<br>12pm – 1pm<br><br>Journaling<br>2pm – 3pm<br><br>Game Busters<br>3pm – 4pm | 16) Netflix and Chill<br>11AM – 12pM<br><br>LUNCH<br>12PM- 1PM<br><br>Tommy Physical Health<br>1PM- 2PM<br><br>Meditation<br>2pm – 3pm |
| 19) Current Events<br>11am – 12pm<br><br>Lunch<br>12pm – 1pm<br><br>Journaling<br>1pm – 3pm<br><br>Game Buster’s<br>3pm –4pm | 20) Arts & Crafts<br>11am – 12pm<br><br>Lunch 12pm – 1pm<br><br>Pokeno<br>1pm – 2pm<br><br>Game Busters<br>2PM – 3PM                | 21) Breast Cancer Awareness Luncheon w/NYPD<br>10am – 2pm<br><br>Lunch 12pm – 1pm<br><br>Game Busters<br>2pm – 3pm                           | 22) Annual Cancer Walk at Betsy head Park<br>1pm                                                                                                  | 23) Line Dance<br>11AM – 12pM<br><br>LUNCH<br>12PM- 1PM<br><br>Tommy Physical Health<br>1PM- 2PM<br><br>Netflix and Chill<br>2pm – 5pm |
| 26) Current Events<br>11am – 12pm<br><br>Lunch<br>12pm – 1pm<br><br>Journaling<br>1pm – 3pm<br><br>Game Buster’s<br>3pm –4pm | 27) Arts & Crafts<br>11am – 12pm<br><br>Lunch 12pm – 1pm<br><br>Pokeno<br>1pm – 2pm<br><br>Game Busters<br>2PM – 3PM                | 28) Current Events<br>11am – 12pm<br><br>Lunch 12pm – 1pm<br><br>Tommy Physical Health<br>12pm –1pm<br><br>Game Busters<br>2pm – 3pm         | 29) Current events<br>11AM – 12 PM<br><br>Lunch<br>12pm – 1pm<br><br>Journaling<br>2pm – 3pm<br><br>Game Busters<br>3pm – 4pm                     | 30) Netflix and Chill<br>11AM – 12pM<br><br>LUNCH<br>12PM- 1PM<br><br>Tommy Physical Health<br>1PM- 2PM<br><br>Meditation<br>2pm – 3pm |

