

Langston Hughes Social Club

Alexis McCain, Program Coordinator Tyrell Thomas, Program Assistant

September 2026

MONTHLY SCHEDULE ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1) Arts & Crafts 11:00am – 12pm Lunch 12pm – 1;30pm BINGO 2pm – 3pm	2) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm –1pm Game Busters 2pm – 3pm	3) Social Worker by appointments only 11AM – 12 PM Lunch 12pm – 1pm Journaling 2pm – 3pm Game Busters 3pm – 4pm	4) Netflix and Chill 11am – 12 pm LUNCH 12PM- 1PM Tommy Physical Health 1PM- 2PM Meditation 2pm – 3pm
7) Center Closed in Observance of Labor Day	8) WALMART TRIP 10:30AM – 2PM Arts & Crafts 11:00am – 12:00PM Lunch 12-1:30pm Game Buster’s 2pm – 3pm	9) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm –1pm Game Busters 2pm – 3pm	10) Social Worker by appointments only 11AM – 12 PM Lunch 12pm – 1pm Journaling 2pm – 3pm Game Busters 3pm – 4pm	11) Line Dance 11am – 12 pm LUNCH 12PM- 1PM Tommy Physical Health 1PM- 2PM Meditation 2pm – 3pm
14) Current Events 11am – 12pm Lunch 12pm – 1pm Journaling 1pm – 3pm Game Buster’s 3pm –4pm	15) Arts & Crafts 11:00am – 12pm Lunch 12pm – 1;30pm BINGO 2pm – 3pm	16) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm –1pm Game Busters 2pm – 3pm	17) Social Worker by appointments only 11AM – 12 PM Lunch 12pm – 1pm Journaling 2pm – 3pm Game Busters 3pm – 4pm	18) Netflix and Chill 11AM – 12pM LUNCH 12PM- 1PM Tommy Physical Health 1PM- 2PM Meditation 2pm – 3pm
21) Current Events 11am – 12pm Lunch 12pm – 1pm Journaling 1pm – 3pm Game Buster’s 3pm –4pm	22) Arts & Crafts 11am – 12pm Lunch 12pm – 1pm Pokeno 1pm – 2pm Game Busters 2PM – 3PM	23) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm –1pm Game Busters 2pm – 3pm	24) Urgent way Medical Center Workshop 11AM – 12 PM Lunch 12pm – 1pm Journaling 2pm – 3pm Game Busters 3pm – 4pm	25) Line Dance 11AM – 12pM LUNCH 12PM- 1PM Tommy Physical Health 1PM- 2PM Netflix and Chill 2pm – 5pm
28) Current Events 11am – 12pm Lunch 12pm – 1pm Journaling 1pm – 3pm Game Buster’s 3pm –4pm	29) Arts & Crafts 11am – 12pm Lunch 12pm – 1pm Pokeno 1pm – 2pm Game Busters 2PM – 3PM	30) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm –1pm Game Busters 2pm – 3pm		

