

Langston Hughes Social Club

Alexis McCain, Program Coordinator Tyrell Thomas, Program Assistant

AUGUST 2026

MONTHLY SCHEDULE ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) Current Events 11am – 12pm Lunch 12pm – 1pm Journaling 1pm – 3pm Game Buster's 3pm –4pm	4) Arts & Crafts 11:00am – 12pm Lunch 12pm – 1;30pm BINGO 2pm – 3pm	5) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm –1pm Game Busters 2pm – 3pm	6) Social Worker by appointments only 11AM – 12 PM Lunch 12pm – 1pm Journaling 2pm – 3pm Game Busters 3pm – 4pm	7) Netflix and Chill 11am – 12 pm LUNCH 12PM- 1PM Tommy Physical Health 1PM- 2PM Meditation 2pm – 3pm
10) Current Events 11am – 12pm Lunch 12pm – 1pm Journaling 1pm – 3pm Game Buster's 3pm –4pm	11) WALMART TRIP 10:30AM – 2PM Arts & Crafts 11:00am – 12:00PM Lunch 12-1:30pm Game Buster's 2pm – 3pm	12) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm –1pm Game Busters 2pm – 3pm	13) Social Worker by appointments only 11AM – 12 PM Lunch 12pm – 1pm Journaling 2pm – 3pm Game Busters 3pm – 4pm	14) Line Dance 11am – 12 pm LUNCH 12PM- 1PM Tommy Physical Health 1PM- 2PM Meditation 2pm – 3pm
17) Current Events 11am – 12pm Lunch 12pm –1pm Journaling 1pm – 3pm Game Buster's 3pm –4pm	18) Arts & Crafts 11:00am – 12pm Lunch 12pm – 1;30pm BINGO 2pm – 3pm	19) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm –1pm Game Busters 2pm – 3pm	20) Social Worker by appointments only 11AM – 12 PM Lunch 12pm – 1pm Journaling 2pm – 3pm Game Busters 3pm – 4pm	21) Netflix and Chill 11AM – 12pM LUNCH 12PM- 1PM Tommy Physical Health 1PM- 2PM Meditation 2pm – 3pm
24) Current Events 11am – 12pm Lunch 12pm – 1pm Journaling 1pm – 3pm Game Buster's 3pm –4pm	25) Arts & Crafts 11am – 12pm Lunch 12pm – 1pm Pokeno 1pm – 2pm Game Busters 2PM – 3PM	26) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm –1pm Game Busters 2pm – 3pm	27) TRIP TO CITY ISLAND JHONNY REEFS 11AM – 2PM	28) Line Dance 11AM – 12pM LUNCH 12PM- 1PM Tommy Physical Health 1PM- 2PM Netflix and Chill 2pm – 5pm

AUGUST 11

– Whole Wheat Bread & 1% Milk Included

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) Arroz con Gandules Boiled Southern Greens Canned Pineapple	4) Classic Garlic Bread Broccoli & Red Peppers Garlic Mashed Potatoes Cantaloupe	5) Stuffed Peppers w/ Turkey Classic Garlic Bread Steamed Carrots Honeydew	6) Baked Turkey Drumstick Rice & Beans Tossed Salad w	7) Baked Salmon w/ Lemon, Tarragon & Thyme Salmon Salad Whole Grain Corn Muffins Cole Slaw Potato Salad w/ Egg Banana
10) All American Loaded Baked Potato Classic Garlic Bread Spinach, Apple & Red Onion Salad Watermelon	11) Baked Turkey Wings Yellow Rice Israeli Salad Banana	12) Beef Hamburger Sauteed Onions & Peppers Kale w/ Tomato Roasted Sweet Potato Fries Apple	13) Chinese-Style Stewed Chicken & Tomatoes Arroz con Gandules Normandy Blend Cantaloupe	14) Oven Fried Fish Pasta Veggie Mix Orange
17) Tex-Mex Barley, Bean & Corn Salad Classic Garlic Bread Breaded Eggplant Cutlets Steamed Carrots Grapes	18) Beef Liver w/ Onions Garlic Mashed Potatoes Sauteed Green Beans w/ Onions Cantaloupe	19) Tuna Salad w/ Eggs Beet Salad Lettuce & Tomato Applesauce	20) Pernil Brown Rice w/ Kidney Beans Green Plantains Mixed Green Salad w/ Dressing Watermelon	21) Fish w/ Creole Sauce Rice w/ Chickpeas Steamed Spinach Fresh Pineapple
24) Creamy Chickpea Potato Curry Brown Rice Classic Garlic Bread Steamed Cabbage Orange	25) Turkey & Beef Salisbury Steak w/ Mushroom Gravy Yellow Rice California Blend Banana	26) Chicken Parmesan Multigrain Bread Penne Sauteed Spinach Tossed Salad w/ Dressing Honeydew	27) Pork Spare Ribs Cornbread Mashed Sweet Potatoes Steamed Collard Greens Cantaloupe	28) Fish w/ Creole Sauce Baked Fries California Blend Veggies Grapes
31) Caribbean Rice & Red Beans Tossed Salad w/ Dressing Cantaloupe				

MENU SUBJECT TO CHANGE!

**THANK
HELPS
PAR**

