

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. 9AM—Breakfast 11AM—Dance w/ Kuniko 12PM—Lunch 1PM—Writing Class 2PM—Knitting/Crochet Circle	2. 9AM—Breakfast 10AM—Art Creative Circle 11AM—Line Dancing 12PM—Lunch 1PM—Computer Class (English) 1:45PM—Chair Exercise 2PM—Sewing Circle	3. 9AM—Breakfast 10 AM—NYRR Striders 11AM—Meditation 12PM— Lunch 2PM—Art Class	4. 9AM—Breakfast 10AM— <b>TRIP: BOWLING</b> 10AM—Music Class 12PM—Lunch 1PM—KARAOKE 1PM—Computer Class (English) 2PM—NYRR Fitness	5. 9AM—Breakfast 10AM—Art Creative Circle 11AM—AFCBI Zumba <b>Gold</b> 12PM—Lunch 1PM— <b>Intro to AI (OATS)</b> 2 PM—BINGO
8. 9AM—Breakfast 11AM—Dance w/ Kuniko 12PM—Lunch 1PM—Writing Class 2PM—Knitting/Crochet Circle	9. 9AM—Breakfast 10AM—Art Creative Circle 11AM—Line Dancing 12PM—Lunch 1PM—Computer Class (English) 1:45PM—Chair Exercise 2PM—Sewing Circle <div style="border: 1px solid black; padding: 2px; display: inline-block; margin-top: 10px;">Health First</div>	10. 9AM—Breakfast 10 AM—NYRR Striders 11AM—Meditation 12PM— Lunch 2PM—Art Class	11. 9AM—Breakfast 10AM— <b>General Body Meeting NYC DOT (Streetwise presentation)</b> 12PM—Lunch 12PM— <b>TRIP: METS GAME</b> 1PM—KARAOKE 1PM—Computer Class (English) 2PM—NYRR Fitness	12. 9AM—Breakfast 10AM—Art Creative Circle 11AM—AFCBI Zumba <b>Gold</b> 12PM—Lunch 1PM— <b>Protect your Information (OATS)</b> 2 PM—BINGO
15. 9AM—Breakfast 11AM—Dance w/ Kuniko 12PM—Lunch 1PM—Writing Class 2PM—Knitting/Crochet Circle	16. 9AM—Breakfast 10AM—Art Creative Circle 11AM—Line Dancing 12PM—Lunch 1PM—Computer Class (English) 1:45pm—Chair Exercise 2PM—Sewing Circle <div style="border: 1px solid black; padding: 2px; display: inline-block; margin-top: 10px;">Center Light</div>	17. 9AM—Breakfast 10 AM—NYRR Striders 11:30AM— <b>BIRTHDAY CELEBRATION</b> 12PM— Lunch 2PM—Art Class	18. 9AM—Breakfast 10AM—Music Class 12PM—Lunch 1PM— <b>Juneteenth Concert (First JB Choir)</b> 1PM—Computer Class (English)	<b>Center's Closed.</b> <b>JUNETEENTH</b> <b>Celebrate Freedom</b> <b>JUNE 19</b>
22. 9AM—Breakfast 11AM—Dance w/ Kuniko 12PM—Lunch 1PM—Writing Class 2PM—Knitting/Crochet Circle <div style="border: 1px solid black; padding: 2px; display: inline-block; margin-top: 10px;">COMMON PANTRY</div>	23. 9AM—Breakfast 10AM—Art Creative Circle 10:30AM <b>TRIP: NY AQUARIUM</b> 12PM—Lunch 1PM—Computer Class (English) 1:45PM—Chair Exercise 2PM—Sewing Circle	24. 9AM—Breakfast 10 AM—NYRR Striders 10AM— <b>Center Light (Presentation)</b> 11AM—Meditation 12PM— Lunch 2PM—Art Class	25. 9AM—Breakfast 10AM—Music class 12PM—Lunch 1PM—ART EXHIBIT 1PM—Computer Class (English)	26. 9AM—Breakfast 10AM—Art Creative Circle 11AM—AFCBI Zumba <b>Gold</b> 12PM—Lunch 2 PM—BINGO

29. 9AM—Breakfast 11AM—Dance w/ Kuniko 12PM—Lunch 1PM—Writing Class 2PM—Knitting/Crochet Circle	30. 9AM—Breakfast 11AM—Line Dancing 12PM—Lunch 1:45PM—Chair Exercise 2PM—Sewing Circle
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## Tompkins Park Older Adult Center

550 Greene Avenue

Brooklyn, NY 11216

(718) 638 – 3000

OPEN

MONDAY – FRIDAY

9:00 AM – 4:00 PM

### Our Team

WORDNYC.ORG

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Edward Stevens

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Shelton Davis

### **Special Thanks to**

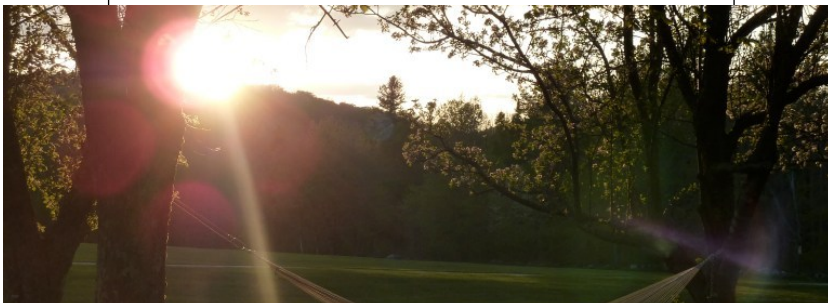
Ms. Arlene Murray

Ms. Theresa Hui

Funded by NYC Aging

Free Program for Ages 60+

Bring Proof of ID for Enrollment



### **PANTRY**

**New York Common Pantry**

(60+ Must bring ID)

**June 22nd, 2026 from 10am—1pm**

***JUNE 5TH—OATS (INTRO TO AI)***  
***JUNE 11TH - GENERAL BODY MEETING (NYC DOT PRESENTATION)***  
***- FATHER'S DAY METS GAME***  
***JUNE 12TH—OATS (PROTECTING YOUR IDENTITY)***  
***JUNE 18TH—JUNETEENTH CONCERT (FIRST JERUSALEM BAPTIST CHOIR)***  
***JUNE 23RD—NY AQUARIUM***  
***JUNE 25TH—ART EXHIBIT***

***BOWLING—JUNE 4TH***  
***NY AQUARIUM—JUNE 23RD***

**BIRTHDAY CELEBRATION—June 17th**

*Tompkins Park  
Older Adult Center*

**JUNE  
TEENTH**  
FREEDOM DAY

**JUNE 2026**