

# BROWNSVILLE SOCIAL CLUB

528 Mother Gaston Blvd, Brooklyn, NY 11212

Tel: (917) 962-8275






















Monday – Friday • 10am to 6pm • Contribution: \$2.00

*\*\*Menu is subject to change without notice.*

*Your contribution is used to improve the quality of the program\*\**

## June

### LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>01</b></p> <p>CURRY CHICKEN LEGS WHITE RICE WHOLE WHEAT BREAD CABBAGE AND CARROT SLAW CANTALOUPE</p>  <p>1% LOW FAT MILK</p>	<p><b>02</b></p> <p>BUDDHA'S DELIGHT (CHINESE VEG STEW) WHOLE WHEAT BREAD BEETS AND BABY CARROT WITH DILL APPLE</p>  <p>1% LOW FAT MILK</p>	<p><b>03</b></p> <p>BAKED CHICKEN QUARTERS ARROZ CON GANDULES (MEXICAN STYLE RICE) WHOLE WHEAT BREAD MIXED GREEN SALAD ORANGE</p>  <p>1% LOW FAT MILK</p>	<p><b>04</b></p> <p>SMOTHERED PORK CHOPS MASHED SWEET POTATOES WHOLE WHEAT BREAD TOSSED SALAD WITH DRESSING BANANA</p>  <p>1% LOW FAT MILK</p>	<p><b>05</b></p> <p>OVEN FRIED FISH EGG NOODLES WHOLE WHEAT BREAD VEGETABLE MIX APPLE SAUCE</p>  <p>1% LOW FAT MILK</p>
<p><b>08</b></p> <p>TURKEY WITH GRAVY HOMEMADE MASHED POTATOES WHOLE WHEAT BREAD CARROT SALAD ORANGE</p>  <p>1% LOW FAT MILK</p>	<p><b>09</b></p> <p>CALIFORNIA VEGGIE BURGER WHOLE WHEAT BREAD STEAMED BROCCOLI APPLE</p>  <p>1% LOW FAT MILK</p>	<p><b>10</b></p> <p>BBQ CHICKEN BREAST BAKED MACARONI AND CHEESE WHOLE WHEAT BREAD CALIFORNIA BLEND VEGETABLES BANANA</p>  <p>1% LOW FAT MILK</p>	<p><b>11</b></p> <p>BEEF SALISBURY STEAK YELLOW RICE WHOLE WHEAT BREAD ITALIAN CUT GREENS CANTALOUPE</p>  <p>1% LOW FAT MILK</p>	<p><b>12</b></p> <p>OVEN FRIED FISH BROWN RICE WITH KIDNEY BEANS WHOLE WHEAT BREAD ORIENTAL BLEND VEGETABLES CANNED SLICED PEACHES</p>  <p>1% LOW FAT MILK</p>
<p><b>15</b></p> <p>STEWED CHICKEN BREAST ARROZ CON GANDULES (MEXICAN STYLE RICE) WHOLE WHEAT BREAD STEAMED COLLARD GREENS ORANGE</p>  <p>1% LOW FAT MILK</p>	<p><b>16</b></p> <p>VEGETABLE LO MEIN WITH CRISPY TOFU WHOLE WHEAT BREAD BEETS AND BABY CARROT WITH DILL APPLE</p>  <p>1% LOW FAT MILK</p>	<p><b>17</b></p> <p>STEWED PORK CHOPS SWEET BAKED YAMS WHOLE WHEAT BREAD BABY CARROTS WITH PARSLEY ORANGE</p>  <p>1% LOW FAT MILK</p>	<p><b>18</b></p> <p>PORK SPARE RIBS YELLOW RICE WHOLE WHEAT BREAD CABBAGE AND APPLE SLAW APPLE</p>  <p>1% LOW FAT MILK</p>	<p><b>19</b></p> <p><b>CLOSED</b></p>
<p><b>22</b></p> <p>STEWED CHICKEN BREAST MEXICAN STYLE RICE WHOLE WHEAT BREAD STEAMED COLLARED GREENS ORANGE</p>  <p>1% LOW FAT MILK</p>	<p><b>23</b></p> <p>BUDDHA'S DELIGHT (CHINESE VEGGIE SLAW) EGG NOODLES WHOLE WHEAT BREAD STEAMED ZUCCHINI BANANA</p>  <p>1% LOW FAT MILK</p>	<p><b>24</b></p> <p>PORK SPARE RIBS BAKED POTATO WHOLE WHEAT BREAD CABBAGE AND APPLE SLAW APPLE</p>  <p>1% LOW FAT MILK</p>	<p><b>25</b></p> <p>BAKED TURKEY WINGS BAKED MACARONI AND CHEESE WHOLE WHEAT BREAD STEAMED CARROTS ORANGE</p>  <p>1% LOW FAT MILK</p>	<p><b>26</b></p> <p>BAKED BREADED FISH HOMEMADE MASHED POTATOES WHOLE WHEAT BREAD BRUSSELS SPROUTS CANTALOUPE</p>  <p>1% LOW FAT MILK</p>
<p><b>29</b></p> <p>CURRY CHICKEN LEGS WHITE RICE WHOLE WHEAT BREAD CABBAGE AND CARROT SLAW CANTALOUPE</p>  <p>1% LOW FAT MILK</p>	<p><b>30</b></p> <p>SMOKEY BLACK BEAN &amp; SWEET POTATO CHILI BROWN RICE WHOLE WHEAT BREAD BEETS AND BABY CARROTS APPLE</p>  <p>1% LOW FAT MILK</p>	<p><i>Fresh Summer Meals Served Daily!</i></p>  <p>Funded by Department for the Aging Sponsored by Wayside Outreach Development Inc.</p>		