

JUNE 2026
 MONTHLY LUNCH CALANDER

JUNE LUNCH MENU – Whole Wheat Bread & 1% Milk Included

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| 1) Chicken Salad, Kaiser Roll, Israeli Salad Simple Potato Salad, Banana | 2) All American Loaded Baked Potato, Classic Garlic Bread Spinach, Apple & Red Onion Salad, Watermelon | 3) Baked Chicken Qrtrs, Arroz con Gandules, Normandy Blend, Cantaloupe | 4) Beef Hamburger, Sauteed Onions & Peppers, Whole Wheat Hamburger Bun, Kale w/ Tomato, Roasted Sweet Potato Fries, Apple | 5) Oven Fried Fish, Pasta, Veggie Mix, Orange |
| 8) Beef Meatloaf w/ Mushroom Gravy, Garlic Mashed Potatoes, Sauteed Green Beans w/ Onions, Cantaloupe | 9) Tex-Mex Barley, Bean & Corn Salad, Classic Garlic Bread, Breaded Eggplant Cutlets, Steamed Carrots, Grapes | 10) Healthier Tuna Salad, Kaiser Roll, Cole Slaw, Lettuce & Tomato, Applesauce | 11) Pernil, Brown Rice w/ Kidney Beans, Green Plantains, Mixed Green Salad, Watermelon | 12) Fish w/ Creole Sauce, Rice w/ Chickpeas, Steamed Cabbage, Fresh Pineapple |
| 15) Turkey & Beef Salisbury Steak w/ Mushroom Gravy, Yellow Rice, California Blend Veggies, Banana | 16) Creamy Chickpea Potato Curry, Brown Rice, Classic Garlic Bread, Steamed Cabbage, Orange | 17) Chicken Parmesan, Multigrain Bread, Penne, Sauteed Spinach, Tossed Salad w/ Dressing, Honeydew | 18) Pork Spareribs, Cornbread, Mashed Sweet Potatoes, Steamed Collard Greens, Cantaloupe | 19) Fish w/ Creole Sauce or Baked Fish w Lemon Garlic Butter Sauce, Baked Fries, California Blend Veggies, Grapes |
| 22) Sweet & Sour Chicken Tenders, Whole Wheat Dinner Roll, Garlic Mashed Potatoes, Steamed Broccoli, Orange | 23) Caribbean Rice & Red Beans, Tossed Salad w/ Dressing, Cantaloupe | 24) Braised Beef Short Ribs, Baked Potato, Brussels Sprouts, Watermelon | 25) Baked Chicken Breast w/ Yogurt, Steamed Cabbage, Sweet Baked Yams, Apple | 26) Baked Fish w/ Mushrooms & Peppers Lemon Dill Fish Marinade Yellow Rice, Sauteed String Beans, Grapes |
| 29) All American Loaded Baked Potato, Classic Garlic Bread Spinach, Apple & Red Onion Salad Watermelon | 30) Baked Turkey Wings, Yellow Rice, Israeli Salad, Banana | | | |

MENU SUBJECT TO CHANGE!

THANK YOU FOR YOUR CONTRIBUTIONS. IT HELPS TO ENHANCE THE PROGRAM WITH PARTIES, SUPPLIES AND EVENTS 😊

Langston Hughes Social Club

301 Sutter Avenue, Brooklyn, NY 11212 917-962-8277

Alexis McCain, Program Coordinator Tyrell Thomas, Program Assistant

June 2026 Happy Juneteenth/Father's Day

MONTHLY SCHEDULE ACTIVITIES

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| <p>1) Journaling 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Health Management 1pm – 2pm</p> <p>Group Discussions 2pm –3pm</p> | <p>2) Netflix and Chill 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Arts & Crafts 1pm – 2pm</p> <p>Game Busters 2PM – 3PM</p> | <p>3) Current Events 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Tommy Physical Health 1pm –2pm</p> <p>Game Busters 2pm – 3pm</p> | <p>4) Journaling 11AM – 12 PM</p> <p>Lunch 12PM – 1PM</p> <p>Pokeno 2pm – 3pm</p> <p>Group Discussions 3pm – 4pm</p> | <p>5) Current Events 11AM – 12pM</p> <p>LUNCH 12PM- 1PM</p> <p>Tommy Physical Health 1PM- 2PM</p> <p>ARTS & Cultural 2pm - 4pm</p> |
| <p>8) Journaling 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Health Management 1pm – 2pm</p> <p>Group Discussions 2pm –3pm</p> | <p>9) Walmart trip 11am – 2pm</p> <p>Lunch 12pm – 1pm</p> <p>1pm -2pm</p> <p>BINGO 2PM – 3PM</p> | <p>10) Current Events 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Tommy Physical Health 1pm –2pm</p> <p>Game Busters 2pm – 3pm</p> | <p>11)</p> <p>CITY ISLAND TRIP W/ PSA2 10:30AM</p> | <p>12) Line Dance 11AM – 12pM</p> <p>LUNCH 12PM- 1PM</p> <p>Tommy Physical Health 1PM- 2PM</p> <p>ARTS & Cultural 2pm - 4pm</p> |
| <p>15) Journaling 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Health Management 1pm – 2pm</p> <p>Group Discussions 2pm –3pm</p> | <p>16) Netflix and chill 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Game Busters 2pm -4pm</p> | <p>17) Current Events 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Tommy Physical Health 12pm –1pm</p> <p>Arts & Crafts 2pm – 3pm</p> | <p>18)</p> <p>Father's Day/ Men's Celebration & Cooking DEMO 12PM-3PM</p> | <p>19)</p> <p>Center Closed in observance of Juneteenth</p> |
| <p>22) Journaling 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Health Management 1pm – 2pm</p> <p>Group Discussions 2pm –3pm</p> | <p>23) Netflix and Chill 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Arts & Crafts 1pm – 2pm</p> <p>Game Busters 2PM – 3PM</p> | <p>24) Current Events 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Tommy Physical Health 12pm –1pm</p> <p>Game Busters 3pm – 4pm</p> | <p>25) Line Dance 11AM – 12 PM</p> <p>Lunch 12PM – 1PM</p> <p>Journaling 2pm – 3pm</p> <p>Group Discussions 3pm – 4pm</p> | <p>26) Netflix and Chill 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Tommy Physical Health 1pm – 2pm</p> <p>Arts & Crafts 2pm – 3pm</p> |