

301 Sutter Avenue, Brooklyn, NY 11212 (917) 962-8277
 Alexis McCain (Program Coordinator) Tyrell Thomas (Program Assistant)

APRIL 2026
 MONTHLY LUNCH CALANDER

APRIL LUNCH MENU – Whole Wheat Bread & 1% Milk Included

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1) Braised Beef Short Ribs, Baked Potato, Brussels Sprouts, Watermelon	2) Baked Chicken Breast w/ Yogurt, Steamed Cabbage, Sweet Baked Yams, Apple	3) Baked Fish w/ Mushrooms & Peppers, Yellow Rice, Sauteed String Beans, Grapes
6) Baked Korean Wings, Baked Mac n Cheese, Sauteed String Beans, Pear	7) Black Bean Teriyaki Burger, Roasted Sweet Potato Fries, Tossed Salad w/ Dressing, Apple	8) Stewed Pork Chops, Brown Rice, Steamed Spinach, Orange	9) Turkey Burger w/ Cheese, Baked Fries, Cabbage Carrot Slaw, Honeydew	10) Baked Fish w/ Lemon Garlic Butter Sauce, Yellow Rice, Steamed Carrots, Banna or Canned Sliced Peaches
13) Beef & Turkey Meatloaf w/ Mushroom Gravy, Kaiser Roll, Broccoli & Red Peppers, Garlic Mashed Potatoes, Cantaloupe	14) Arroz con Gandules, Boiled Southern Greens, Canned Pineapple	15) Stuffed Peppers w/ Turkey, Classic Garlic Bread, Steamed Carrots, Honeydew	16) Stewed Chicken Breast, Rice & Beans, Tossed Salad w/ Dressing, Orange	17) Baked Salmon w/ Lemon, Tarragon & Thyme, Whole Grain Corn Muffins, Steamed Cabbage, Sweet Baked Yams, Banana
20) Chicken Salad, Kaiser Roll, Israeli Salad, Simple Potato Salad, Banana	21) All American Loaded Baked Potato, Classic Garlic Bread, Spinmach, Apple & Red Onion Salad, Watermelon	22) Baked Chicken Quarters, Arroz con Gandules, Normandy Blend, Cantaloupe	23) Beef Hamburger, Sauteed Onions & Peppers, Kale w/ Tomato, Roasted Sweet Potato Fries, Apple	24) Oven Fried Fish, Pasta, Veggie Mix, Orange
27) Beef Meatloaf w/ Mushroom Gravy, Garlic Mashed Potatoes, Sauteed Green Beans w/ Onions, Cantaloupe	28) Tex-Mex Barley, Bean & Corn Salad, Classic Garlic Bread, Breaded Eggplant Cutlets, Steamed Carrots, Grapes	29) Healthier Tuna Salad. Kaiser Roll, Cole Slaw, Lettuce & Tomato, Applesauce	30) Pernil, Brown Rice w/ Kidney Beans, Green Plantains, Mixed Green Salad, Watermelon	

MENU SUBJECT TO CHANGE!
 THANK YOU FOR YOUR CONTRIBUTIONS. IT HELPS TO ENHANCE THE PROGRAM WITH PARTIES, SUPPLIES AND EVENTS 🤪



Langston Hughes Social Club

Alexis McCain, Program Coordinator Tyrell Thomas, Program Assistant

April Happy EASTER / AUTISM Awareness Month

MONTHLY SCHEDULE ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm – 1pm Crochet Class 1pm-2pm Game Busters 2pm – 3pm	2) Netflix and chill 11AM – 12 PM Lunch 12pm – 1pm Pokeno 2pm – 3pm Game Busters 3pm – 4pm	3) Netflix and Chill 11AM – 12pM LUNCH 12PM- 1PM Tommy Physical Health 1PM- 2PM Crochet Class 2pm - 3pm
6) Journaling 11am – 12pm Lunch 12pm – 1pm Crochet Class 1pm – 3pm Game Buster's 3pm –4pm	7) Walmart Trip 10am – 2pm Lunch 12-1:30pm Game Buster's 2pm – 3pm	8) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm – 1pm Crochet Class 1pm-2pm Game Busters 2pm – 3pm	9) AUTISM Awareness event w/ Community affairs Section Brooklyn North 12pm -3pm	10) Line Dance 11am – 12 pm LUNCH 12PM- 1PM Tommy Physical Health 1PM- 2PM Crochet Class 2pm - 3pm
13) Journaling 11am – 12pm Lunch 12pm – 1pm Crochet Class 1pm – 3pm Game Buster's 3pm –4pm	14) Let's Talk 11:30am – 12pm Lunch 12pm – 1;30pm BINGO 2pm – 3pm	15) Current Events 11am – 12pm Lunch 12pm – 1pm Tommy Physical Health 12pm – 1pm Crochet Class 1pm-2pm Game Busters 2pm – 3pm	16) Current Events 11:00AM – 12:00pM LUNCH 12PM- 1PM Pokeno 2pm – 3pm	17) Netflix and Chill 11AM – 12pM LUNCH 12PM- 1PM Tommy Physical Health 1PM- 2PM Crochet Class 2pm - 3pm
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27) Journaling 11am – 12pm	28) Let's Talk 11am – 12pm	29) Current Events	30)	