

MONDAY	WEDNESDAY	FRIDAY
	<p>1. 9AM—Morning Talk! 11 AM—AFCBI Zumba Gold 2PM—Dominoes</p>	<p>3. 9AM—Morning Talk! 11AM—Dance w/ Kuniko 1pm—Dominoes</p>
<p>6. 9AM—Morning Talk! 11AM—Meditation 1PM—Games</p> <div data-bbox="486 560 835 630" style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;">Assisted Home Care</div>	<p>8. 9AM—Morning Talk! 11 AM—AFCBI Zumba Gold 2PM—Dominoes</p>	<p>10. 9AM—Morning Talk! 11AM—Dance w/ Kuniko 1pm—Dominoes</p>
<p>13. 9AM—Morning Talk! 11AM—Meditation 1PM—Games</p>	<p>15. 9AM—Morning Talk! 11AM—AFCBI Zumba Gold 2PM—Dominoes</p>	<p>17. 9AM—Morning Talk! 11AM—Dance w/ Kuniko 1pm—Dominoes</p> <div data-bbox="2147 808 2556 901" style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;">Health First</div>
<p>20. 9AM—Morning Talk! 11AM—Meditation 1PM—Games</p>	<p>22. 9AM—Morning Talk! 11 AM—AFCBI Zumba Gold</p>	<p>24. 9AM—Morning Talk! 11AM—Dance w/ Kuniko 1pm—Dominoes</p>
<p>27. 9AM— Morning Talk! 11AM—Meditation 1PM—Games</p>	<p>29. 9AM—Morning Talk! 11AM—AFCBI Zumba Gold</p>	<p style="font-size: 2em; font-family: cursive;">APRIL 2026</p>

Louis Armstrong Social Center
360 Nostrand Avenue
Brooklyn, NY 11216
(347) 425 – 1078

OPEN

MONDAY, WEDNESDAY & FRIDAY

9:00 AM – 2:00 PM

Our Team

WORDNYC.ORG

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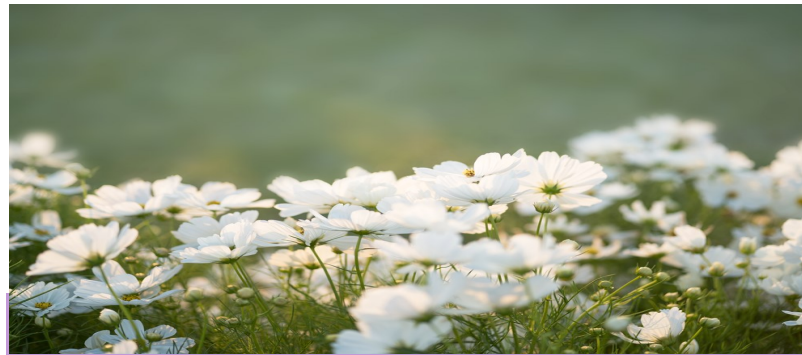
Funded by NYC Aging

Free Program for Ages 60+
Bring Proof of ID for Enrollment



You're going to walk into many rooms where you may be the only one who looks like you or who has had the experiences you've had. So you use that voice and be strong.

KAMALA HARRIS



PANTRY

New York Common Pantry

(60+ Must bring ID)

April 26th, 2026 from 10am—1pm

ASSISTED HOME CARE

APRIL 6TH

HEALTH FIRST

APRIL 17TH

*Louis Armstrong
Social Club*



April 2026