

**FEBRUARY 2026**  
**MONTHLY LUNCH CALANDER**

**FEBRUARY LUNCH MENU – Whole Wheat Bread & 1% Milk Included**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) Beef Meatloaf w/ Mushroom Gravy, Garlic Mashed Potatoes, Sauteed Green Beans w/ Onions, Cantaloupe	3) Tex-Mex Barley, Bean & Corn Salad, Classic Garlic Bread, Breaded Eggplant Cutlets, Steamed Carrots, Grapes	4) Healthier Tuna Salad, Kaiser Roll, Cole Slaw, Lettuce & Tomato, Applesauce	5) Pernil(Roasted Pork Shoulder), Brown Rice w/ Kidney Beans, Green Plantains, Mixed Green Salad, Watermelon	6) Fish w/ Creole Sauce, Rice w/ Chickpeas, Steamed Cabbage, Fresh Pineapple
9) Turkey & Beef Salisbury Steak w/ Mushroom Gravy, Yellow Rice, California Blend Veggies, Banana	10) Creamy Chickpea Potato Curry, Brown Rice, Classic Garlic Bread, Steamed Cabbage, Orange	11) Chicken Parmesan, Multigrain Bread, Penne, Sauteed Spinach, Tossed Salad w/ Dressing, Honeydew	12) Pork Spareribs, Cornbread, Mashed Sweet Potatoes, Steamed Collard Greens, Cantaloupe	13) Baked Fish w/ Creole sauce or Lemon Garlic Butter Sauce, Baked Fries, California Blend Veggies, Grapes
16) Sweet & Sour Chicken Tenders, Whole Wheat Dinner Roll, Garlic Mashed Potatoes, Steamed Broccoli, Orange	17) Caribbean Rice & Red Beans, Tossed Salad w/ Dressing, Cantaloupe	18) Braised Beef Short Ribs, Baked Potato, Brussels Sprouts, Watermelon	19) Baked Chicken Breast w/ Yogurt, Steamed Cabbage, Sweet Baked Yams, Apple	20) Baked Fish w/ Mushroom & Peppers, Lemon Dill Fish Marinade, Yellow Rice, Sauteed String Beans, Grapes
23) Baked Korean Chicken Wings, Baked Mac & Cheese, Sauteed String Beans, Pear	24) Black Bean Teriyaki Burger, Whole Wheat Hamburger Bun, Roasted Sweet Potato Fries, Tossed Salad w/ Dressing, Apple	25) Stewed Pork Chops, Brown Rice, Steamed Spinach, Orange	26) Turkey Burger w/ Cheese, Whole Wheat Hamburger Bun, Baked Fries, Cabbage Carrot Slaw, Honeydew	27) Baked Fish w/ Lemon Garlic Butter Sauce, Sauteed Onions & Peppers, Steamed Carrots, Banana or Canned Sliced Peaches

**MENU SUBJECT TO CHANGE!**  
**THANK YOU FOR YOUR CONTRIBUTIONS. IT HELPS TO ENHANCE THE PROGRAM WITH PARTIES, SUPPLIES AND EVENTS**



# Langston Hughes Social Club

Alexis McCain, Program Coordinator Tyrell Thomas, Program Assistant

## February Happy Valentine's Day

### /Black History Month

#### MONTHLY SCHEDULE ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2) Current Events 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Crochet Class 1pm – 3pm</p> <p>Game Buster's 3pm – 4pm</p>	<p>3)</p> <p>Let's Talk 11:30am – 12pm</p> <p>Lunch 12pm – 1:30pm</p> <p>BINGO 2pm – 3pm</p>	<p>4) Current Events 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Tommy Physical Health 12pm – 1pm</p> <p>Crochet Class 1pm-2pm</p> <p>Game Busters 2pm – 3pm</p>	<p>5) Netflix and chill 11AM – 12 PM</p> <p>Lunch 12pm – 1pm</p> <p>Pokeno 2pm – 3pm</p> <p>Game Busters 3pm – 4pm</p>	<p>6) Line Dance 11AM – 12pM</p> <p>LUNCH 12PM- 1PM</p> <p>Tommy Physical Health 1PM- 2PM</p> <p>Crochet Class 2pm - 3pm</p>
<p>9) Current Events 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Crochet Class 1pm – 3pm</p> <p>Game Buster's 3pm – 4pm</p>	<p>10)</p> <p>Walmart Trip 10am – 2pm</p> <p>Lunch 12-1:30pm</p> <p>Game Buster's 2pm – 3pm</p>	<p>11) Current Events 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Tommy Physical Health 12pm – 1pm</p> <p>Crochet Class 1pm-2pm</p> <p>Game Busters 2pm – 3pm</p>	<p>12) Netflix and chill 11AM – 12 PM</p> <p>Lunch 12pm – 1pm</p> <p>Pokeno 2pm – 3pm</p> <p>Game Busters 3pm – 4pm</p>	<p>13)</p> <p>Langston Hughes Pre – Valentine's Day Event 12pm -4pm</p>
<p>16)</p> <p>Center Closed in observance of Presidents Day</p>	<p>17)</p> <p>Trip to Tilden OAC Bourbon Street on Mother Gaston Blvd 9am – 4pm</p>	<p>18) Current Events 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Tommy Physical Health 12pm – 1pm</p> <p>Crochet Class 1pm – 2pm</p> <p>Game Busters 2pm – 3pm</p>	<p>19) Current Events 11:00AM – 12:00pM</p> <p>LUNCH 12PM- 1PM</p> <p>NUTRITION WORKSHOP 1PM- 3PM</p> <p>Game Busters 3pm - 5pm</p>	<p>20) Line Dance 11AM – 12pM</p> <p>LUNCH 12PM- 1PM</p> <p>Tommy Physical Health 1PM- 2PM</p> <p>Crochet Class 2pm - 3pm</p>
<p>23) Current Events 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Crochet Class 1pm – 3pm</p> <p>Game Buster's</p>	<p>24) Let's Talk 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Pokeno 1pm – 2pm</p> <p>Game Busters 2PM – 3PM</p>	<p>25) Current Events 11am – 12pm</p> <p>Lunch 12pm – 1pm</p> <p>Tommy Physical Health 12pm – 1pm</p> <p>Crochet Class</p>	<p>26)</p> <p>Trip to Linden Shopping Center on Linden Blvd &amp; Lunch at Charcoal Grill &amp; Modern Buffet 11am – 2PM</p>	<p>27) Meditation 11AM – 12pM</p> <p>LUNCH 12PM- 1PM</p> <p>Tommy Physical Health 1PM- 2PM</p>