

**WAYSIDE OUTREACH DEVELOPMENT INC.**  
**GLENMORE SENIOR CENTER 1777 PITKIN AVENUE BROOKLYN, NY, 11212**

# MONDAY

# TUESDAY

# WEDNESDAY

# THURSDAY

# FRIDAY

**SORRY! WE'RE  
CLOSED**



**ENJOY FISH WITH  
CREOLE SAUCE  
SERVED WITH A  
BAKED POTATO,  
ITALIAN BLEND  
VEGETABLES,  
CANTALOUPE, AND 1%  
LOW-FAT MILK.**

**FRIDAY, JAN 9: BAKED  
MARINATED FISH  
SERVED WITH WINTER  
BLEND VEGETABLES,  
YUCA WITH ONIONS, A  
BANANA, AND 1%  
LOW-FAT MILK.**

**FRIDAY, JAN 16: FISH WITH CREOLE SAUCE SERVED WITH GARLIC AND ROSEMARY ROASTED POTATOES, STEAMED KALE, CANTALOUPE, AND 1% LOW-FAT MILK.**

**FRIDAY, JAN 23:  
BAKED SALMON WITH  
LEMON, TARRAGON,  
AND THYME SERVED  
WITH CREAMY  
SPINACH, A TOSSED  
SALAD, A PEAR, AND  
1% LOW-FAT MILK.**

**JANUARY 30 (FRI):  
TODAY'S LUNCH IS  
BAKED SALMON  
SERVED WITH BAKED  
ZITI WITH CHEESE AND  
ITALIAN CUT GREEN  
BEANS. CANTALOUPE  
IS SERVED FOR  
DESSERT.**

**FUNDED BY NYC AGING**