Brownsville

Program Director: Wanda Moore

Program Assistant: Anike Hercules-Julien

528 Mother Gaston Blvd.

Brooklyn, NY 11212

Culture 330pm-415pm

3330pm-415pm

Telephone Number: 917.962.8275

Hours of Operation: Monday – Friday 10am to 6pm

DECEMBER 2025



Monday	Tuesday	Wednesday	Thursday	Friday
I Wionday		Wednesday 3	4	5
Physical Exercise	Meditation	Meditation 1215am-1pm	Physical Exercise	Blood Pressure
1215am-1pm	2000 ACC 1000 ACC	LUNCH 1pm-2pm	1215am-1pm	1215pm-1pm
The second secon	1215pm-1pm	Tech 1 2pm-245pm	LUNCH 1pm-2pm	LUNCH 1pm-2pm
LUNCH 1pm-2pm	LUNCH 1pm-2pm Culture 2pm-245pm	Tech 2 245pm-330pm	Culture 2pm-245pm	Ed/Rec 2pm-245pm
Health Management 2pm-245pm	Ed/Rec 245pm-330pm	Keep on Track 330pm-415pm	Health Management	Craft 245pm-345pm
Culture 245pm-330pm	Walk Around	Reep on Track 330pm-413pm	245pm-330pm	Walk Around 345pm-430pm
Walk Around	330pm-415pm		Walk Around 330pm-415pm	walk Afound 343pm-430pm
330pm-415pm	550рш-415рш		waik Around 330pin-413pin	
8	71	10	11	12
Physical Exercise	Meditation 1215pm-1pm	Meditation 1215am-1pm	Golden Corral Trip	Blood Pressure
1215am-1pm	LUNCH 1pm-2pm	LUNCH 1pm-2pm	Meditation	1215pm-1pm
LUNCH 1pm-2pm	Health Management	Tech 1 2pm-245pm	10am-1045am	LUNCH 1pm-2pm
Ed/Rec 2pm-245pm	2pm-245pm	Tech 2 245pm-330pm	Sharing 1130am-1245pm	Ed/Rec 2pm-245pm
Health Management	Culture 245pm-330pm	Walking Club 330pm-415pm	LUNCH 1pm-2pm	Craft 245pm-345pm
245pm-330pm	Walk Around		Culture 245pm-330pm	Walking Club 345pm-430pm
Walking Around	330pm-415pm		Leisure 330pm-430pm	
330pm-415pm			,	
15	17.2	17	18	19
Physical Exercise	Meditation 1215pm-1pm	Meditation 1215am-1pm	Christmas & Birthday	Blood Pressure
1215am-1pm	LUNCH 1pm-2pm	LUNCH 1pm-2pm	Celebration	1215pm-1pm
LUNCH 1pm-2pm	Health Management	Tech 1 2pm-245pm	Physical Exercise	LUNCH 1pm-2pm
Health Management 2pm-245pm	2pm-245pm Ed/Rec 245pm-330pm	Tech 2 245pm-330pm Walking Club 330pm-415pm	1215am-1pm	Ed/Rec 2pm-245pm Craft 245pm-345pm
Culture 245pm-330pm	Walk Around	waiking Cido 550pin-415pin	LUNCH 1pm-2pm Culture 2pm-245pm	Walking Club 345pm-430pm
Walking Around 330pm-	330pm-415pm		Bingo 245pm-4pm	waiking Cido 343pin-430pin
415pm	1:			
22	23	24	25	26
Physical Exercise	Meditation 1215pm-1pm	Meditation 1215am-1pm	CENTER CLOSED	20
1215am-1pm	LUNCH 1pm-2pm	LUNCH 1pm-2pm	CENTER CLOSED	
LUNCH 1pm-2pm	Ed/Rec 2pm-245pm	Tech 1 2pm-245pm		
Culture 2pm-245pm	Health M 245pm-330pm	Tech 2 245pm-330pm	VIOLEN OF THE PROPERTY OF	CLOSED
Health Management	Walking Club	Walking Club 330pm-415pm	CVQ: EV-COL	CLUSED
245pm-330pm	330pm-415pm	waiking club 330pm-413pm	Constinos	HOLIDAY
Walking Club	Joopin (13pin			HULIDAT
330pm-415pm				
29	30	31		
Physical Exercise	Meditation	Meditation 1215am-1pm		
1215am-1pm	1215pm-1pm	LUNCH 1pm-2pm		
LUNCH 1pm-2pm	LUNCH 1pm-2pm	Tech 1 2pm-245pm		
Health Management	Culture 2pm-245pm	Tech 2 245pm-330pm		
2pm-245pm	Leisure 245pm-330pm	Walking Club 330pm-415pm		
Ed/Rec 245pm-330pm				