

MONDAY	WEDNESDAY	FRIDAY
3. 9AM—Morning Talk! 11AM—Meditation 1PM—Games	5. 9AM—Morning Talk! 11 AM—AFCBI Zumba Gold 2PM—Dominoes AETNA	7. 9AM—Morning Talk! 11AM—Dance w/ Kuniko 1pm—Domino
10. 10AM—[TRIP] Bowling	12. 9AM—Morning Talk! 11 AM—AFCBI Zumba Gold 2PM—Dominoes	14. 9AM—Morning Talk! 11AM—Dance w/ Kuniko 1pm—Domino
17. 9AM—Morning Talk! 11AM—Meditation 1PM—Games VNS HEALTH	19. 9AM—Morning Talk! 11AM—AFCBI Zumba Gold 2PM—Dominoes	21. 9AM—Morning Talk! 11AM—Dance w/ Kuniko 1pm—Domino
24. 9AM—Morning Talk! 11AM—Meditation 1PM—Games COMMON PANTRY	26. 9AM—Morning Talk! 11 AM—AFCBI Zumba Gold 2PM—Dominoes	28. 9AM—Morning Talk! 11AM—Dance w/ Kuniko 1pm—Domino

November 2025

Louis Armstrong Social Center
360 Nostrand Avenue
Brooklyn, NY 11216
(347) 425 – 1078

OPEN

MONDAY, WEDNESDAY & FRIDAY
9:00 AM – 2:00 PM

Our Team

WORDNYC.ORG

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Funded by NYC Aging

Free Program for Ages 60+
Bring Proof of ID for Enrollment



happy
Thanksgiving

PANTRY

New York Common Pantry

(60+ Must bring ID)

November 24th, 2025 from 10am—1pm

AETNA—November 5th

VNS Health—November 17th

Explore NY Trip Series

Bowling—November 10th

Walmart—November 11th

*Louis Armstrong
Social Club*



**NOVEMBER
2025**