

VAN DYKE II NEIGHBORHOOD SENIOR CENTER

430 Dumont Avenue

Brooklyn, NY 11212

Tele (718) 385-1110

Funded by New York City For The Aging

Program Assistant: Delicia Jones MAY 2025

Director:

Monday	Tuesday	Wednesday	Thursday	Friday
			1.) Arts & Crafts 11a.m. – 1a.m. Bingo! 1:30p.m. – 3p.m.	2.) Arts & Crafts 10a.m. – 12p.m. Chair Exercise 11a.m. – 12p.m. AHS Elder Care 11:30a.m. Bingo! 2p.m. – 3p.m.
5.) Arts & Crafts 10 a.m. -12p.m. Blood Pressure 9a.m. – 12:30p.m. Bingo! 1:30p.m. – 3p.m.	6.) Crochet Class 10a.m. – 11a.m. Pokeno! 1p.m. – 3p.m.	7.) Arts & Crafts 10a.m. -11a.m. 11a.m. Nutrition 12:30 Sgt. Di'Vorin Emergency Preparedness 11a.m. Chair Exercise 1p.m.-2p.m. Bingo! 2p.m. – 3 p.m.	8.) Arts & Crafts 11a.m. – 1a.m. Bingo! 1:30p.m. – 3p.m.	9.) Arts & Crafts 10a.m. – 12p.m. MOTHER'S DAY CELEBRATION DINNER Chair Exercise 11a.m. – 12p.m. Bingo! 1:30p.m. – 3p.m.
12.) Arts & Crafts 10 a.m. -12p.m. Blood Pressure 10a.m. – 12:30p.m. Bingo! 1:30p.m. – 3p.m.	13.) Crochet Class 10a.m. – 11a.m. Pokeno! 1:30p.m. – 3:30p.m.	46.) Arts & Crafts 10a.m. – 12p.m. Chair Exercise 1p.m. – 2p.m. Bingo! 2p.m. – 3 p.m.	15.) Arts & Crafts 10a.m. – 11a.m. Bingo! 1:30-3p.m. Event TBD	16.) Arts & Crafts 10a.m. – 12p.m. Chair Exercise 11a.m. – 12p.m. Pokeno! 2p.m. – 3p.m.
19.) Arts & Crafts 10 a.m. -12p.m. Blood Pressure 10a.m. – 12:30p.m. Bingo! 1:30p.m. – 3p.m.	20.) Crochet Class 10a.m.- 11a.m. Meditation 11a.m. – 12p.m. Pokeno! 1:30p.m. – 3:30 p.m.	21.) Arts & Crafts 10a.m. – 11a.m. Chair Exercise 1p.m. – 2p.m. Bingo! 2p.m. – 3 p.m.	22.) Arts & Crafts 10a.m. – 11a.m. Bingo! 1:30-3p.m.	23.) Arts & Crafts 10a.m. – 12p.m. Chair Exercise 11a.m. – 12p.m. Pokeno! 2p.m. – 3p.m.
26.) Arts & Crafts 10 a.m. -12p.m. Blood Pressure 10a.m. – 12:30p.m. Bingo! 1:30p.m. – 3p.m.	27.) Crochet Class 10a.m.- 11a.m. Meditation 11a.m. – 12p.m. Pokeno! 1:30p.m. – 3:30 p.m.	28.) Arts & Crafts 10a.m. – 11a.m. Chair Exercise 1p.m. – 2p.m. Bingo! 2p.m. – 3 p.m.	29.) Arts & Crafts 10a.m. – 11a.m. Bingo! 1:30-3p.m.	30.) Arts & Crafts 10a.m. – 12p.m. Chair Exercise 11a.m. – 12p.m. Pokeno! 2p.m. – 3p.m.

**May is Mental Health Awareness Month
MAY we be conscientious of our MENTAL HEALTH in the Month of MAY**

