

# BROWNSVILLE SOCIAL CLUB

Program Director: Wanda Moore

Program Assistant: Anike Hercules-Julien

528 Mother Gaston Blvd., Brooklyn, NY 11212

917.962.8275

Hours of Operation: Monday - Friday 10am to 6pm

April 2025



**MENU IS SUBJECT TO CHANGE & YOUR DONATED CONTRIBUTION IS USED TO FURTHER IMPROVE THE QUALITY OF THE PROGRAM**

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|
|   |  |  | 1  | 2  |
|   |  |  | BEEF SALISBURY STEAK<br>WHOLE WHEAT BREAD<br>YELLOW RICE<br>ITALIAN GREEN BEANS<br>CANTALOUPE<br>1% LOW FAT MILK   | OVEN FRIED FISH<br>BROWN RICE WITH KIDNEY BEANS<br>ORIENTAL VEGETABLES<br>CANNED SLICED PEACHES<br>1% LOW FAT MILK                         |
| 5   | 6  | 7  | 8  | 9  |
| STEWED CHICKEN BREASTS<br>WHOLE WHEAT BREAD<br>MEXICAN STYLE BROWN RICE WITH PIGEON PEAS<br>STEAMED COLLARD GREENS<br>ORANGE<br>1% LOW FAT MILK | VEGETARIAN LO MEIN WITH CRISPY TOFU<br>WHOLE WHEAT BREAD<br>BEETS & BABY CARROTS WITH DILL<br>APPLE<br>1% LOW FAT MILK | STEWED PORK CHOPS<br>WHOLE WHEAT BREAD<br>BABY CARROTS & PARSLEY<br>SWEET BAKED YAMS<br>ORANGE<br>1% LOW FAT MILK                      | PORK SPARE RIBS<br>WHOLE WHEAT BREAD<br>YELLOW RICE<br>CABBAGE & APPLE SLAW<br>APPLE<br>1% LOW FAT MILK            | FISH WITH CREOLE SAUCE<br>WHOLE WHEAT BREAD<br>CABBAGE CARROT SLAW<br>PARMESAN ROSEMARY<br>MASHED POTATOES<br>NECTARINE<br>1% LOW FAT MILK |
| 12  | 13   | 14   | 15   | 16   |
| STEWED CHICKEN BREAST<br>MEXICAN STYLE BROWN RICE WITH PIGEON PEAS<br>STEAMED COLLARD GREENS<br>ORANGE<br>1% LOW FAT MILK                       | CHINESE VEGETARIAN STEW<br>WHOLE WHEAT BREAD<br>EGG NOODLES<br>STEAMED ZUCCHINI<br>BANANA<br>1% LOW FAT MILK           | PORK SPARE RIBS<br>WHOLE WHEAT BREAD<br>BAKED POTATO<br>CABBAGE & APPLE SLAW<br>APPLE<br>1% LOW FAT MILK                               | BAKED TURKEY WINGS<br>WHOLE WHEAT BREAD<br>BAKED MACARONI & CHEESE<br>STEAMED CARROTS<br>ORANGE<br>1% LOW FAT MILK | BAKED BREADED FISH<br>WHOLE WHEAT BREAD<br>HOEMADE MASHED POTATOES<br>BRUSSEL SPROUTS<br>CANTALOUPE<br>1% LOW FAT MILK                     |
| 19  | 20   | 21   | 22   | 23   |
| BBQ CHICKEN BREASTS<br>BROWN RICE WITH KIDNEY BEANS<br>CALIFORNIA BLEND VEGETABLES<br>BANANA<br>1% LOW FAT MILK                                 | ARTISAN BEET VEGGIE BURGERS<br>WHOLE WHEAT BREAD<br>BAKED FRIES<br>STEAMED BROCCOLI<br>APPLE<br>1% LOW FAT MILK        | BEEF SALISBURY STEAK<br>WHOLE WHEAT BREAD<br>YELLOW RICE<br>ITALIAN CUT GREEN BEANS<br>CANTALOUPE<br>1% LOW FAT MILK                   | TURKEY WITH GRAVY<br>WHOLE WHEAT BREAD<br>MASHED SWEET POTATOES<br>CARROT SALAD<br>ORANGE<br>1% LOW FAT MILK       | OVEN FRIED FISH<br>WHOLE WHEAT BREAD<br>BAKED MACARONI AND CHEESE<br>ORIENTAL BLEND VEGETABLES<br>CANNED SLICED PEACHES                    |
| 26  | 27   | 28   | 29   | 30   |
| <b>CENTER CLOSED</b>  | VEGETARIAN LO MEIN WITH CRISPY TOFU<br>WHOLE WHEAT BREAD<br>KALE AND TOMATO<br>APPLE<br>1% LOW FAT MILK                | TUNA FISH SALAD<br>WHOLE WHEAT BREAD<br>CUCUMBER & TOMATO SALAD WITH BALSAMIC VINAIGRETTE<br>POTATO SALAD<br>BANANA<br>1% LOW FAT MILK | BAKED ZITI WITH CHEESE<br>WHOLE WHEAT BREAD<br>CABBAGE SALAD WITH WHEAT BERRIES<br>CANTALOUPE<br>1% LOW FAT MILK   | OVEN FRIED FISH<br>BROWN RICE WITH KIDNEY BEANS<br>SPICED MIXED VEGETABLES<br>APPLE<br>1% LOW FAT MILK                                     |



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