


# Brownsville

May 2025

**Program Director: Wanda Moore**  
**Program Assistant: Anike Hercules-Julien**  
**528 Mother Gaston Blvd.**  
**Brooklyn, NY 11212**  
**917.962.8475**  
**Hours of Operation: Monday – Friday 10am to 6pm**



| Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|--|---|--|--|
|   |  |   | <b>1</b>   | <b>2</b>   |
|   |  |   | Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Ed/Rec 215pm-3pm<br>Health Management<br>315pm-4pm<br>Leisure 415pm-5pm   | Blood Pressure<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Culture 215pm-3pm<br>Health Management<br>315pm-4pm<br>Big Apple Walk 415pm-5pm        |
| <b>5</b>  | <b>6</b>   | <b>7</b>  | <b>8</b>   | <b>9</b>   |
| Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Ed/Rec 215pm-3pm<br>Health Management<br>315pm-4pm<br>Culture 415pm-5pm      | Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Sharing 215pm-3pm<br>Tech 315pm-4pm<br>Culture 415pm-5pm  | Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Nutrition 215pm – 3pm<br>Tech 2 3pm - 345pm<br>Big Apple Walk<br>4pm – 445pm | Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Ed/Rec 215pm-3pm<br>Health Management<br>315pm-4pm<br>Sharing 415pm-5pm   | <b>Mother's Day Celebration at Rosetta Gaston</b><br><b>LUNCH 12pm-1pm</b><br>Leisure 1pm-3pm<br>Sharing 315pm-415pm                           |
| <b>12</b>   | <b>13</b>  | <b>14</b>   | <b>15</b>  | <b>16</b>  |
| Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Ed/Rec 215pm-3pm<br>Health Management<br>315pm-4pm<br>Walk Around 415pm-5pm  | <b>Outing-Walmart</b><br>Blood Pressure<br>945am-1030am<br>Walk Around 11am-1145am<br>Leisure 1145am-130pm<br><b>LUNCH 130pm-230pm</b><br>Sharing 230pm-315pm<br>Culture 330pm-415pm | Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Tech 1 215pm – 3pm<br>Tech 2 3pm - 345pm<br>Big Apple Walk<br>4pm – 445pm    | Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Ed/Rec 215pm-3pm<br>Health Management<br>315pm-4pm<br>Ed/Rec 415pm-5pm    | Blood Pressure<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Culture 215pm-3pm<br>Health Management<br>315pm-4pm<br>Big Apple Walk 415pm-5pm        |
| <b>19</b>   | <b>20</b>  | <b>21</b>   | <b>22</b>  | <b>23</b>  |
| Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Sharing 215pm-3pm<br>Health Management<br>315pm-4pm<br>Walk Around 415pm-5pm | Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Sharing 215pm-3pm<br>Tech 315pm-4pm<br>Culture 415pm-5pm  | Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Tech 1 215pm – 3pm<br>Tech 2 3pm - 345pm<br>Big Apple Walk<br>4pm – 445pm    | Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Ed/Rec 215pm-3pm<br>Health Management<br>315pm-4pm<br>Bingo 415pm-5pm     | Blood Pressure<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Craft 215pm-330pm<br>Health Management<br>345pm-430pm<br>Big Apple Walk<br>430pm-515pm |
| <b>26</b>   | <b>27</b>  | <b>28</b>   | <b>29</b>  | <b>30</b>  |
| <b>CENTER CLOSED</b><br>                            | <b>Outing – Atlantic Mall</b><br>Blood Pressure<br>945am-1030am<br>Walk Around 11 am-1145pm<br>Leisure 1145pm-130pm<br><b>LUNCH 130pm-230pm</b><br>Sharing 315pm-4pm                 | Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Tech 1 215pm – 3pm<br>Tech 2 3pm - 345pm<br>Big Apple Walk<br>4pm – 445pm    | Physical Health<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Ed/Rec 215pm-3pm<br>Health Management<br>315pm-4pm<br>Culture 415pm-530pm | Blood Pressure<br>1215pm-1pm<br><b>LUNCH 1pm-2pm</b><br>Culture 215pm-3pm<br>Health Management<br>315pm-4pm<br>Big Apple Walk 415pm-5pm        |

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