

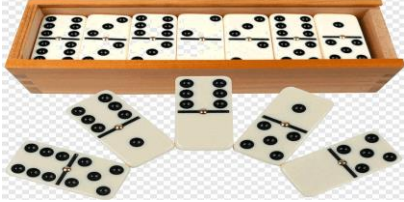



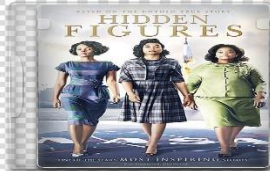




**Tompkins & Armstrong Senior Center MAR Calendar / Sponsored by Wayside Out-Reach Development / Funded by NYC Aging 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b> Chair Aerobics 10AM-11AM OATS Computer Class 11AM-12:15PM</p> <p>Writing Class 1PM-2PM Yoga 2PM-3PM Knitting/Crochet Circle 2PM-4PM</p>  <p><b>Movie Screening: The women King 2PM-4PM</b></p>	<p><b>4</b></p>  <p><b>Trip: Mardi Gras Celebration (Tilden) 9:15AM-3:00PM</b></p> <p>Let's Strengthen 10AM-11AM Line Dancing 11AM-12PM Tai Chi 1:30PM-2:30PM Sewing Class 2PM-4PM</p> <p><b>Cards 4 Fun (Rummy, Go Fish &amp; Spade etc) 2:30PM-3:30PM</b></p>	<p><b>5</b> NYRR Striders 10AM-11AM Meditation 11AM – 12PM OATS Computer Class 11AM-12:15PM Health Promotions- Healthy Relationship 11:30AM-12:30PM</p> <p>Current Events 2PM-3PM Family Feud 3PM-4PM</p>	<p><b>6</b> <b>Checkers 10AM- 11AM</b> AFCBI Zumba 11:15AM- 12:15PM</p> <p>Striders Fitness 2PM-3PM</p> <p>Dominoes 3PM-4PM</p> 	<p><b>7</b> Jeopardy 10AM-11AM</p>  <p><b>Salsa Dance Class 11:30AM-12:30PM</b></p>  <p>Bingo 2PM-4PM</p>
<p><b>10</b> Chair Aerobics 10AM-11AM</p> <p>OATS Computer Class 11AM-12:15PM</p> <p>Writing Class 1PM-2PM Yoga 2PM-3PM Knitting/Crochet Circle 2PM-4PM</p>	<p><b>11</b></p> <p><b>Sign Up Available 2/4 Trip: Walmart 10:15AM-3:00PM</b></p> <p>Let's Strengthen 10AM-11AM Line Dancing 11AM-12PM Tai Chi 1:30PM-2:30PM Sewing Class 2PM-4PM Pokeno 2PM-4PM</p> 	<p><b>12</b> NYRR Striders 10AM-11AM Meditation 11AM – 12P OATS Computer Class 11AM-12:15PM</p> <p>Health Promotions- Healthy Relationship 11:30AM-12:30PM</p> <p>Current Events 2PM-3PM</p> <p>Crossword Puzzles 3PM-4PM</p>	<p><b>13</b></p> <p><b>Tompkins Park Senior Council General Body Membership Meeting 10:00AM</b></p> <p>AFCBI Zumba 11:15AM- 12:15PM</p> <p>Striders Fitness 2PM-3PM</p> <p>Topic of the Day 3PM-4PM</p>	<p><b>14</b></p>  <p><b>Movie Screening: Hidden Figures 10AM- 12:00PM</b></p> <p>Bingo 2PM-4PM</p>
<p><b>17</b> Chair Aerobics 10AM-11AM</p> <p>OATS Computer Class 11AM-12:15PM</p> <p>Writing Class 1PM-2PM Yoga 2PM-3PM Knitting/Crochet Circle 2PM-4PM</p>	<p><b>18</b> Let's Strengthen 10AM-11AM</p> <p>Line Dancing 11AM-12PM</p> <p>Tai Chi 1:30PM-2:30PM</p> <p>Sewing Class 2PM-4PM</p> <p><b>Cards 4 Fun (Rummy, Go Fish &amp; Spade etc) 2:30PM-3:30PM</b></p>	<p><b>19</b> NYRR Striders 10AM-11AM Meditation 11AM – 12PM OATS Computer Class 11AM-12:15PM</p> <p>Health Promotions- Healthy Relationship 11:30AM-12:30PM</p> <p>Elder Abuse Presentation 1PM-2PM</p> <p>Current Events 2PM-3PM</p>	<p><b>20</b> <b>Monopoly 10AM-11AM</b></p> <p>AFCBI Zumba 11:15AM- 12:15PM</p> <p>Striders Fitness 2PM-3PM</p> <p>Dominoes 3PM-4PM</p>	<p><b>21</b> Jeopardy 10AM-11AM</p> <p><b>Woman's Month Brunch 11:00AM-2:00PM</b></p>  <p>Bingo 2PM-4PM</p>

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<p><b>24</b></p> <p><b>New York Common Pantry Distribution 10AM-1PM</b></p> <p>OATS Computer Class 11AM-12:15PM</p> <p>Writing Class 1PM-2PM Yoga 2PM-3PM Knitting/Crochet Circle 2PM-4PM</p>	<p><b>25</b></p> <p><b>Sign Up Available 2/18</b> <b>Trip: Museum Of American Indians</b> <b>9:30AM-3:00PM</b></p> <p>Let's Strengthen 10AM-11AM Line Dancing 11AM-12PM Tai Chi 1:30PM-2:30PM Arts and Crafts 2PM-3PM Sewing Class 2PM-4PM</p>	<p><b>26</b></p> <p>NYRR Striders 10AM-11AM Meditation 11AM – 12PM OATS Computer Class 11AM-12:15PM Health Promotions- Healthy Relationship 11:30AM-12:30PM Current Events 2PM-3PM Family Feud 3PM-4PM</p>	<p><b>27</b></p> <p><b>Sorry Board Game 10AM-11AM</b> AFCBI Zumba 11:15AM- 12:15PM Striders Fitness 2PM-3PM Paint N Chat 3PM-4PM</p>	<p><b>28</b></p> <p>Jeopardy 10AM-11AM</p>  <p>Bingo 2PM-4PM</p>
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**Tompkins Park Senior Center**  
Address: 550 Greene Avenue Brooklyn, NY 11216  
Phone: (718) 638-3000

**Center Hours**  
Monday – Friday: 9AM-3PM

**Case Assistance Service & Blood Pressure Screening**  
**Every Tuesdays**  
**10AM-12PM**

**FOOD PANTRY**  
**MARCH 24th, 2025**  
**10AM-1PM**  
**COMMUNITY ROOM**

**Game Room & Lounge**  
Monday – Friday: 8AM-3:30PM

**Computer Lab**  
(Available when classes are not in session)

**Suggested Meal Contributions are used to help supplement the program development.**  
**Suggested Donations/Contribution are used to enhance the program:**

- Performances
- DJ's/Musicians
- Parties/Party Supplies
  - Gifts
  - Trips
  - Decorations

Tompkins Park Center uses the membership contributions to enhance the program with the following:

- ❖ Tompkins Park appreciates any, and all contributions given by the membership. Have a great day!